

Richmond Times-Dispatch All-Metro Softball Team Pitchers Trained by Rita Lynn Gilman, Inc.

Since 1994 the Richmond Times-Dispatch sports writers have chosen the All-Metro softball team. I consider this the top honor our local high school softball pitchers can receive. I'm proud to say, several of my pitchers have earned the distinguished honor of Player/Pitcher of the Year. Here's the honor roll of my students:

1996

Player of the Year

- Natahsha Johnson, Sr, Manchester HS
(State Champion)

1998

2nd Team Pitchers

- Catherine Gilliam, So, Godwin HS
- Gretchen Smith, Jr, Lee-Davis HS
- Sarah Bevel, So, Manchester HS

1999

1st Team Pitchers

- Jamie Gosytla, So, Midlothian HS
- Catherine Gilliam, Jr, Godwin HS
- Gretchen Smith, Sr, Lee-Davis HS

2nd Team Pitchers

- Nikki Dunn, So, Varina HS
- Lori Morgan, Jr, Thomas Dale HS

2000

Co-Players of the Year

- Jamie Gosytla, Jr, Midlothian HS
- Catherine Gilliam, Sr, Godwin HS

1st Team Pitchers

- Nikki Dunn, Jr, Varina HS

2nd Team Pitchers

- Lori Morgan, Sr, Thomas Dale HS
- Nicole Slosjarik, Sr, New Kent HS

3rd Team Pitchers

- Sarah Bevel, Sr, Manchester HS

2001

1st Team Pitchers

- Jamie Gostyla, Sr, Midlothian HS
- Jamie Wisegarver, Sr, LC Bird HS

2nd Team Pitchers

- Casey Smith, Jr, Atlee HS
- Nikki Dunn, Sr, Varina HS

2005

1st Team Pitchers

- Casey Hanes, Sr, Freeman HS
- Beth Bennett, Sr, Powhatan HS

2nd Team Pitchers

- Brandi Buisset, Sr, Lee-Davis HS
- Jacqueline Perdue, Jr, Prince George HS
- Erica Smith, Sr, Henrico HS
- Cara Tuttle, Sr, Collegiate
- Lauren Brummell, So, Hanover HS
- Shannon Rankin, Sr, Midlothian
- Emily Morris, Sr, Powhatan HS

2006

Pitcher of the Year

- Kristen Bruce, Sr, Hanover HS
(State Champion)

1st Team Pitchers

- Sarah Davis, So, Powhatan
(State record single game K's: 32)
- Brittany Blankenship, Jr, Midlothian HS
- Lauren Brummell, Jr, Hanover HS
- Kami Nuckols, Jr, Patrick Henry HS
- Branden Moss, Sr, Trinity
- Nicole Shelton, Sr, Godwin HS

2nd Team Pitchers

- Meghan Cobb, Jr, LC Bird HS
- Whitney Fore, Sr, Dinwiddie HS
- Jacqueline Perdue, Sr, Prince George HS
- Kristen Rowe, Sr, Varina HS
- Lesley Skinner, So, Manchester HS
- Shelby Webb, Sr, Patrick Henry HS

2007

Pitcher of the Year

- Brittany Blankenship, Sr, Midlothian HS

Player of the Year

- Lauren Brummell, Sr, Hanover HS
(State Runner Up)

3rd Team Pitchers

- LaNette Mull, Jr, Lee-Davis HS
- Lauren Powell, Jr, James River
- Rachel Mills, So, New Kent HS
- Steffan Tucker, So, King William HS
- Jen Nieder, Sr, Godwin HS
- Megan DuVall, Sr, Goochland HS

2002

Player of the Year

- Casey Smith, Sr, Atlee HS
(State Champion)

1st Team Pitchers

- Lauren Powell, Sr, James River HS

2nd Team Pitchers

- Erica Cifarelli, Jr, Midlothian HS
- Rachel Mills, Jr, New Kent HS
- Steffan Tucker, Jr, King William HS
- LaNette Mull, Sr, Lee-Davis HS
- Kendall Pittock, Jr, Prince George HS
- Casey Pherson, So, Blessed Sac Huguenot
- Sally Smith, Sr, Lee-Davis HS
- Erica Smith, Fr, Henrico HS

2003

Player of the Year

- Erica Cifarelli, Sr, Midlothian HS

1st Team Pitchers

- Rachel Mills, Sr, New Kent HS

2nd Team Pitchers

- Beth Bennett, So, Powhatan HS
- Alison Jones, Sr, James River HS
- Jamie Miller, Sr, Tucker HS
- Casey Pherson, Jr, Blessed Sac Huguenot
- Elizabeth Salmon, Sr, Collegiate
- Kendall Pittock, Sr, Prince George HS
- Steffan Tucker, Sr, King William HS
- Erica Smith, So, Henrico HS
- Crisiti Dobson, Sr, Hermitage HS
- Jen Gerlach, Sr, Freeman HS
- Casey Hanes, So, Freeman HS

2004

1st Team Pitchers

- Kristen Bruce, So, Hanover HS

2nd Team Pitchers

- Beth Bennett, Jr, Powhatan HS
- Kasey Brandmahl, Jr, Goochland HS
- Jacqueline Perdue, So, Prince George HS
- Casey Pherson, Sr, Blessed Sac Huguenot
- Shannon Rankin, Jr, Midlothian HS
- Kristen Rowe, So, Varina HS
- Erica Smith, Jr, Henrico HS

1st Team Pitchers

- Sarah Davis, Jr, Powhatan HS
- Kami Nuckols, Sr, Patrick Henry HS

2nd Team Pitchers

- Taylor Blankenship, Jr, Deep Run HS
- Jackie Jenkins, So, Atlee HS
- Meghan Cobb, Sr, LC Bird HS
- Lindsey Tingler, Jr, Patrick Henry HS

2008

Pitcher of the Year

- Lacey Waldrop, Fr, Thomas Dale
(1st Freshman to win this honor)

1st Team Pitchers

- Taylor Blankenship, Sr, Deep Run HS
- Samantha Kandravi, Sr, Atlee HS

2nd Team Pitchers

- Jackie Jenkins, Jr, Atlee HS
- Lisa Puryear, Sr, Hanover HS
- Lauren Vinson, So, Prince George HS
- Kirstin McNamee, Sr, Douglas Freeman HS
- Stephanie Fort, Sr, St Catherine's
- Megan Williams, So, Monacan HS
- Lindsey Tingler, Sr, Patrick Henry HS

2009

Pitcher of the Year

- Lacey Waldrop, So, Thomas Dale HS

Player of the Year

- Lauren Vinson, Jr, Prince George HS

1st Team Pitchers

- Jackie Jenkins, Sr, Atlee HS

2nd Team Pitchers

- Stephanie Fort, Sr, St Catherine's
- Heather Lewis, Sr, Deep Run HS
- Savannah Phillingane, So, Colonial Heights HS
- Kelly Rice, Fr, Tucker HS

2010

1st Team Pitchers

- Lacey Waldrop, Jr, Thomas Dale HS
- Lauren Vinson, Sr, Prince George HS
- Rachael Walters, So, Powhatan HS

2nd Team Pitchers

- Emma Mitchell, So, Patrick Henry HS

2011

Pitcher of the Year

- Lacey Waldrop, Sr, Thomas Dale HS
(4-time winner)

1st Team Pitchers

- Brooke Blankenship, Sr, Deep Run HS
- Rachael Walters, Jr, Powhatan HS

2nd Team Pitchers

- Emma Mitchell, Jr, Patrick Henry HS
- Kelly Higbie, Sr, Cosby HS
- Shannon Albright, So, Hanover HS

2012

1st Team Pitchers

- Emma Mitchell, Sr, Patrick Henry HS
(AAA State Runner-Up)
- Taylor Thorpe, Jr, Dinwiddie HS

2nd Team Pitchers

- Lauren McIntyre, Fr, Lee-Davis HS
- Jessica Holte, Jr, Atlee HS

2013

1st Team Pitchers

- Jessica Holte, Sr, Atlee HS
- Taylor Thorpe, Sr, Dinwiddie HS
- Kiandra Mitchum, Jr, Hanover HS
- Kirsten Copley, Jr, Cosby HS

2nd Team Pitchers

- Lauren McIntyre, So, Lee-Davis HS
- Candace Whittemore, So, Patrick Henry HS
- Shannon Albright, Sr, Hanover HS

2014

1st Team Pitchers

- Kiandra Mitchum, Sr, Hanover HS
- Kirsten Copley, Sr, Cosby HS

2nd Team Pitchers

- Candace Whittemore, Jr, Patrick Henry HS

2015

1st Team Pitchers

- Candace Whittemore, Sr, Patrick Henry HS
- Lauren McIntyre, Sr, Lee-Davis HS

2nd Team Pitchers

- Hanna Hull, Jr, Clover Hill HS

2016

1st Team Pitchers

- Hanna Hull, Sr, Clover Hill HS

2nd Team Pitchers

- Kailyn Spencer, Jr, Goochland HS
- Charlotte Mitchell, Fr, Patrick Henry HS
- Ali Celiberti, Jr, Powhatan HS

2017

1st Team Pitchers

- Kayley Scott, Sr, Lee-Davis HS
- Kailyn Spencer, Sr, Goochland HS
- Taylor Johnson, Jr, Dinwiddie HS

2nd Team Pitchers

- Charlotte Mitchell, So, Patrick Henry HS
- Ali Celiberti, Sr, Powhatan HS
- Holly Naylor, So, Dinwiddie HS

2018

2nd Team Pitchers

- Rachel Davis, Jr, Atlee HS

2019

1st Team Pitchers

- Lauren Murphy, Sr, Godwin HS
- Ellen Palya, Sr, Hanover HS
- Emerson Aiken, So, Glen Allen HS

2nd Team Pitchers

- Angela Sperandeo, Sr, Deep Run HS
- Sydney Blackwell, So, Godwin HS

2022

Player of the Year

- Julia Cuzzo, Jr, Hanover HS
4A STATE CHAMP

1st Team Pitchers

- Kamryn Brown, Fr, Cosby HS

2nd Team Pitchers

- Angelina Branch, Jr, Clover Hill HS
- Katelyn Hubley, Fr, Godwin HS
- Hannah Tober, Fr, New Kent HS

Honorable Mention

- Grace Tharp, Jr, Glen Allen HS
- Elise Fleming, Fr, Highland Springs HS